

MANICURES & PEDICURES

Manicure and Pedicure services include a custom selection of scrubs, lotions, and more from the scent bar. Each client receives their own drawer for manicure and pedicure tools.

MANICURE ~ \$20

Nails are trimmed, shaped, and buffed. Cuticles are softened and removed. Relaxing hand and arm massage and choice of polish.

SIGNATURE ~ \$30

This Manicure includes a Hot Oil Treatment that enriches the skin with essential vitamins.

MEN'S ~ \$15 (Nails are buffed)

LITTLE PRINCESS ~ \$15 (10 years old and younger)

GLYCOLIC ~ \$30

A classic hydrating peel that addresses fine lines, hyper-pigmentation and dryness followed by a warm cream mask to calm the skin and SPF for sun protection.

ADD-ONS

FRENCH POLISH ~ \$5

NATURAL BUFF & SHINE ~ \$5

PARAFFIN WRAP ~ \$10

Softens and moisturizes hands).

ACRYLIC SOAK OFF ~ \$10-\$20

Nails are placed in solution to soak off acrylic. This process is designed to remove acrylic with minimal damage to natural nails.

EXTENDED FOOT MASSAGE

Includes Reflexology

10 minutes ~ \$10

20 minutes ~ \$20



Kara's Skincare

ALL NATURAL SKIN CARE STUDIO

Customized Botanical Facials

Enzyme Peels ~ Specialty Treatments

Skincare Makeup ~ Airbrush Tanning

Waxing ~ Manicures and Pedicures



Kara Bartoy, Licensed Full Specialist
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ONLINE SERVICES

Visit KarasSkincare.com to access
Kara's Online Services Website.

- Appointment Scheduler
- Purchase Instant Gift Certificates
- Retail Product Ordering

CUSTOMIZED BOTANICAL FACIAL ~ \$75

Kara's customized botanicals facials enrich your skin with non-chemically derived oxygen, botanicals and vitamins. Each facial is customized to address your specific skin concerns: hyperpigmentation, acne, sensitive skin, free radical damage or a combination.

Each facial includes skin cleansing, steaming, exfoliation, light extraction (if necessary), relaxing massage, mask, serum or cream, and final hydration.

WEEKLY SESSIONS

For Recurrent Problems

Pre-paid Package ~ \$600 (6 sessions)

Includes Enzyme Peel

BI-WEEKLY SESSIONS

For Flare ups

Pre-paid Package ~ \$600 (6 sessions)

Includes Enzyme Peel

MONTHLY SESSIONS

For Maintenance

Pre-paid Package ~ \$400 (6 sessions)



SKINCARE MAKEUP SESSION ~ \$45

A healthy, well-groomed "light" application using natural hues to enhance your skin tone and features. Perfect for individuals who shy away from traditional make overs.

jane iredale® Mineral Cosmetics

As a jane iredale® Mineral Cosmetics "Partner", Kara is proud to offer makeup services using products that are actually so safe and beneficial for your skin that it is recommended by Plastic Surgeons and Dermatologists throughout the world. The staying power of the minerals is so great that they rarely need a touch-up during the day. And because these silky-feeling powders are water resistant, they won't crease or smear even during the most strenuous exercise.

ENZYME PEELS ~ \$70

Enzyme Peels naturally digest dead skin cells to prepare skin for much needed hydration, vitamins, and nutrients. Enhance your Customized Botanical Facial by adding on one of the following Peels (\$35 add-on).

HOT ENZYME PEEL ~ The Hot Peel is an aromatic soft gel that acts only on the dermal surface to increase capillary flow, improve circulation, stimulate the lymphatic system, and dissolve dead skin cells.

GLYCOLIC PEEL ~ A classic hydrating peel that addresses fine lines, acne, hyperpigmentation and dryness. A bi-weekly series of 6 is recommended along with our glycolic product for home use in between treatments.

PUMPKIN PEEL ~ This light peel blends fruit acid enzymes and vitamin A derivatives together to give your skin a brighter more even complexion.

VITAMIN A PEEL ~ A mild treatment combining Vitamin A and the powerful antioxidant in green tea to reduce pore size and diminish fine lines.

WAXING

Kara uses both strip and stripless waxes, depending upon the hair and the skin. For your safety, applicators are disposed of after each use (No Double Dipping).

Brow	\$15+
Brow & Lip	\$20+
Chin	\$12+
Full Face	\$40+
Lower Leg	\$25+
Upper Leg	\$38+
Full Leg	\$50+
Bikini	\$45+
Lower Arm	\$30+
Full Arm	\$45+
Back Wax	\$45+
Brow Tinting	\$20+

SPECIALTY TREATMENTS

MICRODERMABRASION ~ \$95

An exfoliating skin treatment, which utilizes a stream of microcrystals, projected onto the skin and then vacuumed away. This unique procedure removes dead and flaking skin while stimulating the production of young Skin cells and collagen.

LED LIGHT TREATMENT ~ \$25 add-on

Treats a variety of skin problems, including hyperpigmentation, acne, rosacea and broken capillaries by using different color and wave frequencies stimulating collagen production and jump-starting skin repair.

HIGH FREQUENCY TREATMENT ~ \$25 add-on

For acne that is severely inflamed and persistent, high-frequency electrical current is very effective in relieving inflammation and controlling the bacteria count.

LYMPHATIC DRAINAGE TREATMENT ~ \$35 add-on

Our state-of-the-art equipment for providing facial lymphatic drainage is profoundly relaxing and effective. By eliminating excess fluids and toxins, the result is tighter, younger looking skin, with a firmer feel and an all-over glow.



AIRBRUSH TANNING SESSION ~ \$35

A beautiful, sun kissed complexion is the #1 fashion accessory of all time and health/medical professionals agree that a faux tan is the ONLY safe alternative.

PRE-PAID PACKAGES:

3 sessions ~ \$95

6 weekly sessions ~ \$190

10 weekly sessions ~ \$320

Liquid Sun® by Vani-T® ~ 99% Organic

Known in Australia as the best sunless tanning product on the market. It has been judged by CLEO and other leading magazines as the best spray tan available.